

Cultural Competency is a concise collection of articles that will help you improve your effectiveness when working with mothers from different cultures. Topics include:

- Assumptions about different cultural groups and how they impact breastfeeding support
- Shoshone and Arapaho tribal breastfeeding traditions shared through oral folklore
- Barriers to decreasing health disparities in infant mortality for African Americans
- Effects of inflammation and trauma on health disparities that result in higher rates of infant mortality among minority populations
- Barriers to breastfeeding experienced by Black mothers and how lactation consultants can support them more effectively
- Social support and breastfeeding self-efficacy among Black mothers
- Decreasing pregnancy, birth, and lactation health disparities in the urban core
- Positive changes in breastfeeding rates within the African American community
- Grassroots breastfeeding organizations serving African American mothers

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Clinical Lactation Monograph Series

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