

Nipple pain is one of the most common reasons for premature cessation of breastfeeding. *Breast and Nipple Pain* is a collection of articles with the latest insights on how to help mothers who experience it. Topics include:

- Addressing latch issues immediately to prevent nipple pain and early weaning
- Differentiating between Raynaud's Phenomenon of the Nipple and Candidiasis as a cause of pain
- Evidence-based treatment strategies for painful nipples
- Lanolin use and possible increased risk of nipple or breast infection
- Topical treatments used by mothers for nipple pain and trauma
- Frenotomy to decrease breastfeeding difficulties due to ankyloglossia
- Timing of frenotomy for improved breastfeeding and infant outcomes
- Kinesio Elastic Therapeutic Taping® in treating breast engorgement
- Mothers' subjective experience of nipple pain and breastfeeding difficulties

*Breast and Nipple Pain*

Clinical Lactation Monograph Series

# Breast and Nipple Pain



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