



# WHAT KIND OF LACTATION WORK DO YOU WANT TO DO?

## SEE PATIENTS

*Seeing patients in a clinical setting can look different for everyone. Some options include seeing patients in a private practice setting or in a hospital setting.*

### Training Options

- Private practice unsupervised: IBCLC
- Private practice supervised: 45 hour course
- Hospital RN/dual role: 45 hour course
- Hospital RN/solo role: IBCLC
- Hospital non-RN: IBCLC

## PEER SUPPORT

*Peer supporters help in the community through different established programs and may or may not have personal experience with breast/chestfeeding.*

### Training Options

- 45 hour course
- Peer training program

## RESEARCH/ADVOCACY

*This area of lactation support can include volunteering with advocacy organizations, policy setting, academic research, or public health initiative related to breast/chestfeeding.*

### Training Options

- Volunteer with advocacy org: none
- University level research: generally IBCLC
- Public health/breastfeeding education: any

## EDUCATOR/COUNSELOR

*Educator/counselors work teaching lactation to both families/those seeking to learn how to breast/chestfeed as well as teaching other healthcare providers how to assist their patients.*

### Training Options

- No pre-requisites
- 45 hour course

## ENHANCE EXISTING CAREER

*Healthcare providers or other allied healthcare professionals may wish to add lactation-specific education and services to their abilities (e.g., Certified Nurse Midwives, doulas, Registered Dietitians.)*

### Training Options

- Acting in a dual role: 45 hour course
- Acting as solely lactation: IBCLC

**THERE ARE PLENTY OF WAYS TO BE A PART OF THE LACTATION COMMUNITY!**

Find more at [www.USLCA.org](http://www.USLCA.org)