

What Kind of Lactation Work Do You Want to Do?

SEE PATIENTS

Seeing patients in a clinical setting can look different for everyone. Some options include seeing patients in a private practice setting or in a hospital setting.



TRAINING OPTIONS

- Private practice unsupervised: IBCLC
- Private practice supervised: 45 hour course
- Hospital RN/dual role: 45 hour course
- Hospital RN/solo role: IBCLC
- Hospital non-RN: IBCLC

PEER SUPPORT

Peer supporters help in the community through different established programs and may or may not have personal experience with breast/chestfeeding.



TRAINING OPTIONS

- 45 hour course
- Peer training program

RESEARCH/ADVOCACY

This area of lactation support can include volunteering with advocacy organizations, policy setting, academic research, or public health initiative related to breast/chestfeeding.



TRAINING OPTIONS

- Volunteer with advocacy org: none
- University level research: generally IBCLC
- Public health/breastfeeding education: any

EDUCATOR/COUNSELOR

Educator/counselors work teaching lactation to families, those seeking to learn how to breast/ chestfeed, as well as teaching other healthcare providers how to assist their patients.



TRAINING OPTIONS

- No pre-requisites
- 45 hour course

ENHANCE EXISTING CAREER

Healthcare providers or other allied healthcare professionals may wish to add lactation-specific education and services to their abilities (e.g., Certified Nurse Midwives, doulas, Registered Dietitians).



TRAINING OPTIONS

- Acting in a dual role: 45 hour course
- Acting as solo lactation: IBCLC

There are Plenty of Ways to Be Part of the Lactation Community!

Find more at
www.USLCA.org

