



A Solid Foundation: Building a Broader Base for Everyday Lactation

3 day virtual workshop

October 9: From Latch to Wean and Everything in Between
October 16: Coaching Parents to Overcome Breastfeeding Hurdles
October 23: So, you want to start a lactation practice?

October 9, 16, & 23
11 am - 5 pm Eastern
15 CERPs/Nursing Contact Hours
7 L CERPs + 4 R CERPs + 4 E CERPs

Join USLCA for three 1-day virtual workshops where we explore different areas of lactation science & practice.

Members
(Basic, Standard, & Enhanced)

Daily: \$39
Full: \$89

Non-Members

Daily: \$49
Full: \$119

www.USLCA.org/solid-foundation



A Solid Foundation: Building a Broader Base for Everyday Lactation

From Latch to Wean and Everything in Between

October 9, 2020 | 4 L CERPs + 1 E CERP/5 Nursing Contact Hours

1. **When the Puzzle Pieces Just Won't Fit: How to Counsel the Nursing Parent When Baby Won't Latch** with *Tiara Caldwell, LPN, IBCLC*
2. **Putting the "Power" Back in Pumping: Returning Autonomy to the Parent** with *Nastassia Davis, DNP, MSN, RN, IBCLC*
3. **E-CERP! The Impact and Cost of a 'Productive' Society on Nursing Families** with *Holly Beck, IBCLC, LCCE*
4. **Starting Solids: What's New in Complementary Feeding** with *Meghan McMillin, MS, RDN, CSP, IBCLC*
5. **Breaking Ties: How to Gracefully Wean** with *Stacy Davis, MPH, IBCLC*

Coaching Parents to Overcome Breastfeeding Hurdles

October 16, 2020 | 3 L CERPs + 1 R CERP + 1 E CERP/5 Nursing Contact Hours

1. **Hospital Based Care: Will we ever get close to Breastfeeding Utopia** with *Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC*
2. **Knot Another Tongue Tie Talk: Overview & Practical Guidance to Oral Ties** with *Bryna Sampey, IBCLC*
3. **Love in Every Drop: Supporting Parents through Induced Lactation & Relactation** with *Nichelle Clark, CBS*
4. **Hot & Heavy: Plugged Ducts, Mastitis, Abscess, and Inflammation During Lactation** with *Bryna Sampey, IBCLC*
5. **E-CERP! The Invisible Struggle: Creating Equity in a Homogenous Profession While Navigating Quality Care for Marginalized Populations** with *Janiya Mitnaul-Williams, MA, IBCLC, RLC, CLC*

So, you want to start a lactation practice?

October 23, 2020 | 3 R CERPs + 2 E CERPs/5 Nursing Contact Hours

1. **Providing Lactation Support in a Nonprofit Community Breastfeeding Center** with *Kathy Leeper, MD, FAAP, IBCLC, FABM*
2. **E-CERP! Watch Your Step! Top Ten Potholes in Legal & Ethical Lactation Support: More than HIPAA, Scope of Practice and Telehealth** with *Elizabeth Brooks, JD, IBCLC, FILCA*
3. **Helping without Hands: Strategies for Incorporating Screening Tools in Virtual Lactation Care** with *Shondra Mattos, IBCLC*
4. **Into the Unknown: Branding Your Lactation Business with Storytelling** with *Annie Frisbie, MA, IBCLC*
5. **The Basics of Billing: Understanding Insurance and the Game** with *Donna Sinnott, BBA, IBCLC*