



NEW

HORIZONS

in clinical lactation



2022 CONFERENCE REGISTRATION

SEPTEMBER 22-24, 2022 • NORFOLK, VA



United States Lactation Consultant Association
4410 Massachusetts Ave., NW #406 | Washington DC 20016
info@uslca.org | 202.738.1125

WELCOME BACK!!!

It's been three and a half years since we've seen your faces and we're excited to be back together! Join USLCA this September in coastal Norfolk, Virginia, as we reconvene to learn, network, and advance the lactation profession. As always, New Horizons in Clinical Lactation will be clinically focused with unique and innovative education but this year we've expanded our networking opportunities. We know how much you've missed one another, and we are excited to be able to host an opportunity to come back together for the advancement of the lactation profession and health of US families.

Whether you're an aspiring or recertifying lactation care provider looking to pack in up to 25 CERPs or nursing CEs, new to the profession and looking for clinical hands-on and interactive education, or a seasoned member of the field looking for cutting-edge education and networking opportunities, there is something for you!

**Register today to reserve a space in your
top choice sessions; space is limited.**

IMPORTANT DATES

MAY 16, 2022: Registration opens to USLCA members

JUNE 16, 2022: Standard registration opens

JULY 31, 2022: Last day for a full refund

SEPTEMBER 1, 2022: Standard registration deadline and last day for 50% refund



WELCOME RECEPTION!

THURSDAY, SEPT 22ND
6:00-8:00PM

PRIVATE VIEWING

CHOCOLATE MILK:



The Documentary

JOIN US FOR
TOPIC-BASED
ROUND TABLE
DISCUSSIONS
SATURDAY
WITH YOUR
LUNCH.

Saturday LUNCH Networking

Are you a current IBCLC student? You are eligible for a 10% discount on your conference registration. Access your discount by going to bit.ly/uslcastudent and requesting a discount code.

IBCLC STUDENT RATE

Whova

Conference App

New Horizons in Clinical Lactation will be using the Whova app to connect with attendees, share conference details, and much more! Download the app today!



MASTER OF ARTS

HUMAN LACTATION STUDIES

Breastfeeding has positive global health and economic implications, which cannot be duplicated in any other form and as such, it has been studied for decades. **The Human Lactation Studies program** offers students the ability to learn from previous research while building the skills and strategies necessary in breastfeeding management as they prepare to become International Board Certified Lactation Consultants (IBCLCs) and/or aid in their professional development as a seasoned IBCLC. The Human Lactation Studies major provides a strong foundation in research methods, healthcare ethics, evidence-based practice, and experiential learning.

Learn more at myunion.edu/academics/masters/ma-human-lactation-studies/.



Apply for FREE – No Test Scores Required

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CONFERENCE OUTLINE

SESSIONS

CLINICAL DAY - ADD ON

Are you looking for clinically focused, hands-on education? Add On the Clinical Skills Day to your standard conference registration to rotate through four 90-minute sessions and advance your clinical practice. To allow for small class sizes, space is limited!

GENERAL SESSIONS

Join your colleagues in general session to launch and wrap-up the conference for two unique **hot topics** in lactation.

BREAKOUTS

Customize your education by attending up to 8 sessions from your choice of 26 breakout topics. In an effort to meet the needs of everyone, the standard day will offer 24 concurrent sessions with the opportunity to add an early-bird session each day to boost your CERP count.

VIRTUAL SESSIONS

Networking, CERPs, and SLEEP! We know how important all of these things are to our attendees while also striking the balance with value. That's why, this year, we are offering 6 virtual CERPs in addition to everything you will receive in-person. Zoomed out? There is no obligation to participate. Virtual sessions will be available to participants for 60 days after the live event.

CASE STUDIES

Do you like talking through complicated cases with your colleagues? This year, we are offering a case study rotation during each breakout slot. The registration for this rotation is limited but available 6 times to accommodate everyone. Rotate through 4 case studies through the course of the hour to discuss with colleagues and challenge your thinking.

POSTERS

Visit the USLCA poster session in-person or virtually to expand your knowledge through unpublished lactation related research!

EXHIBITS

Businesses have had their own unique challenges these last few years, so let's show them some love! Take a walk through the exhibit trade show from Thursday evening to Saturday at noon to visit with a wide-variety of vendors, learn about new products, and connect with others in the field! The exhibit hall will definitely provide you with new ideas and solutions for your clinical practice.

EVENTS

WELCOME RECEPTION / EXHIBIT HALL GRAND OPENING

Join the conference exhibitors in kicking off the 2022 conference on Thursday evening from 6:00-8:00 pm.

LUNCH NETWORKING

Looking to network around a certain topic? USLCA will host topic-based roundtable discussion groups during lunch on Saturday to encourage networking. If you have a topic suggestion, please email info@uslca.org

PRIVATE VIEWING

Attend a private screening of a sneak peak at the theatrical version of *Chocolate Milk: The Documentary*. This unique opportunity is one-of-a-kind and will feature a never-before-seen version of the movie and conversation between Director Elizabeth Gray Bayne and featured IBCLC Lydia Boyd.

Brave Space Commitment

USLCA is committed to facilitating an environment of safety and learning for all conference attendees. Learn more about USLCA's Brave Space Commitment on our conference home page.



Located in southeastern Virginia and surrounded by the Chesapeake Bay, Atlantic Ocean and countless rivers, you will quickly discover that you are never far away from the water in Norfolk. There are 144 miles of

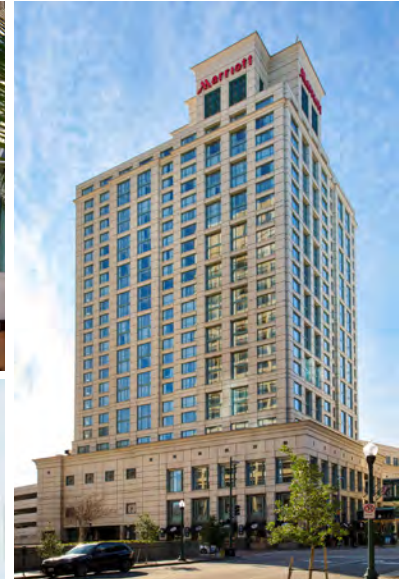
shoreline to be explored with a vibrant downtown that is home to lively entertainment, intriguing historical attractions and eclectic neighborhoods that are all waiting to be explored. In recent years, Norfolk has experienced a renaissance, one where a burgeoning arts scene emerged along with craft brewers and delicious restaurants fusing the influence of the location and melting pot culture that has always existed in the city.

Visit **www.visitnorfolk.com** to learn more about all there is to do.



ACCOMMODATIONS

Refined luxury and stylish comfort come together brilliantly at Norfolk Waterside Marriott. Perched in the heart of the city's charming downtown district, this hotel is conveniently connected to Waterside Convention Center. Located just seven miles from the Norfolk International Airport and just a few minutes' walk from downtown Norfolk, your time at the conference will be spent networking, learning, and relaxing on the riverfront. Throughout your stay, you'll be treated to award-winning service by friendly hotel associates who are dedicated to making your Norfolk visit as comfortable as possible. Join us downtown for a memorable experience at Norfolk Waterside Marriott.



MARRIOTT NORFOLK WATERSIDE

235 E Main St, Norfolk, VA, 23510
Hotel main line: 757-627-4200
www.marriott.com/hotels/travel/orfws-norfolk-waterside-marriott/

USLCA CONFERENCE SPECIAL RATE **\$169+tax**

*Available for room stays between
September 20-24.*

The special room rate will be available until August 30th or until the group block is sold-out, whichever comes first. Accommodations can be reserved through the hotel's secure website.

bit.ly/norfolk_hotel

ON-SITE PARKING: Daily: \$20 | Hourly: \$1.50 | Weekly: \$133

We encourage all of our attendees to stay at the conference hotel and use our designated block. If a significant number of people stay off property, the organization risks financial exposure that will affect costs to attendees for later events.



PARTNERSHIP OPPORTUNITIES

EXHIBIT

Attend the 2022 New Horizons in Clinical Lactation conference as an Exhibitor for the opportunity to highlight your brand and connect with lactation care providers. Reserve your booth space early to ensure high visibility of your products and services. Exhibit space will be assigned on a first-come, first-served basis. Every effort will be made to accommodate your requested booth preference. Booth placement requires full payment.

SPONSOR

Do you want to take your company representation to the next level? Take this valuable opportunity to position yourself as an industry leader while also supporting high quality continuing education. USLCA strives to make these educational opportunities as affordable as possible and your support makes that happen!

ADVERTISE

Full color ads may be purchased for placement in a variety of platforms including the conference app, USLCA website, eNewsletter, or *Clinical Lactation* journal.

DONATE

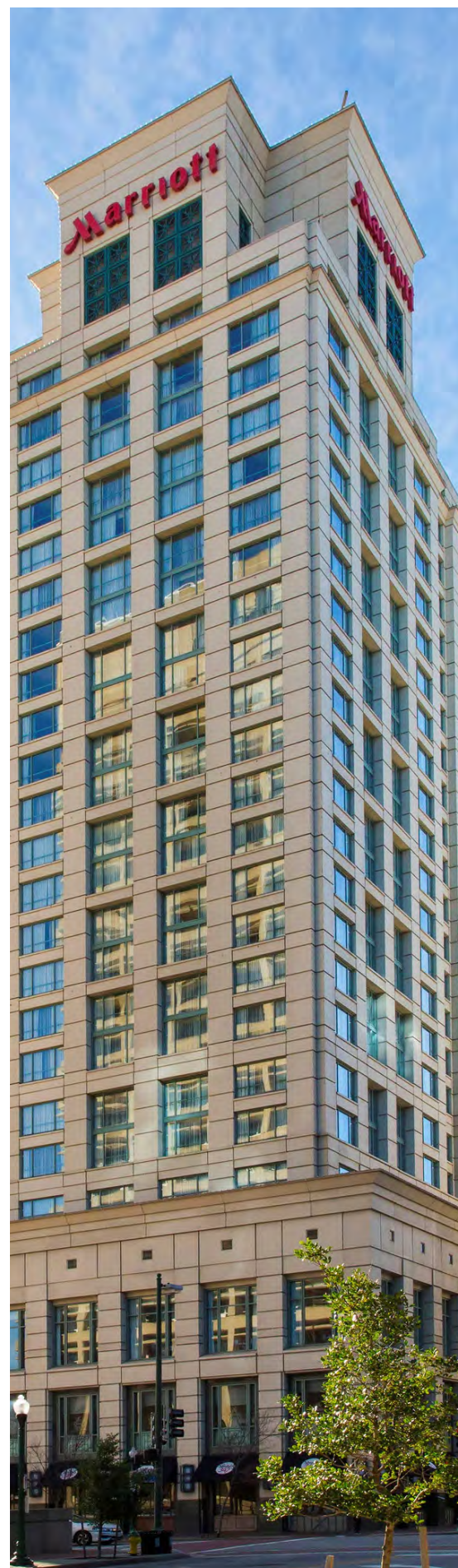
Donating a product to the Silent Auction and/or Raffle is just one more terrific way to get your name in front of conference attendees. This unique opportunity brings great interest and excitement all conference long, with all proceeds going directly to the conference scholarship fund.

BUNDLE

Want to maximize your exposure and get the best value? Consider bundling two or more opportunities. Don't see a bundle that fits your needs? Email to discuss a customized package today at shirley.monge@uslca.org.

SCHEDULE

DAY	TIME	SESSION	CEUs
THURSDAY 22ND Clinical Day Add-On 6 CERPs	7:00-8:00AM	Breakfast	
	8:00-9:30AM	Clinical Sessions	1.5
	10:00-11:30AM	Clinical Sessions	1.5
	11:30AM-12:30PM	Lunch	
	12:30-2:00PM	Clinical Sessions	1.5
	2:30-4:00PM	Clinical Sessions	1.5
	5:00-6:00	Plenary Session	1
	6:00-8:00PM	Exhibitor Reception	
FRIDAY 23RD 6.5* CERPs	7:00-8:30AM	Coffee w/ Exhibitors	
	7:30-8:30AM	Early Bird Breakout	1
	8:30-10:30AM	Breakfast Plenary	1.5
	11:00AM-12:00PM	Breakout Session	1
	12:00-2:00PM	Exhibits/SIG/Networking	
	1:00-2:00PM	Lunch	
	2:00-3:00PM	Breakout Session	1
	3:30-6:30PM	Movie: Private Viewing	2
SATURDAY 24TH 6.5* CERPs	7:00-8:00AM	Early Bird Breakout	1
	7:00-9:00AM	Exhibits	
	8:00-9:00AM	Breakfast	
	9:00-10:00AM	Breakout Session	1
	10:10-11:10AM	Breakout Session	1
	11:10AM-12:30PM	Exhibits	
	12:00-1:00PM	Lunch	
	1:00-2:00PM	Breakout Session	1
	2:15-3:15PM	Breakout Session	1
	3:45-5:45PM	Closing Plenary	1.5



*Maximum CERPs earned during in-person sessions

SESSIONS *Clinical Day*

CONNECTING THE DOTS: APPLYING COLLABORATION, EVIDENCE, CLINICAL KNOWLEDGE IN TRENDING CASE REVIEWS

Annette Leary, RN, BSN, IBCLC and Martha Lasley, BSN, RN, IBCLC

01.

This clinical session will include real trending cases of various age groups from newborn to toddler feeding. Using puzzle game style teaching techniques, information and clues will be given to help the participants connect the dots, identify concerns and dig deeper to learn how to develop interpersonal relationships important to teamwork. This session will create an environment of questions, diving deeper, identifying red flags, and a desire to collaborate with others. The teaching methods used will engage participants to talk to others to find the more information for their case review/situation.

REFLEX ASSESSMENT FOR INFANT FEEDING

Bryna Hayden, IBCLC

02.

Learn the core competency of reflex assessment in a fun and engaging way with hands-on learning and small-group breakouts. Other gentle movement and regulation techniques, such as rhythmic movement, will be demonstrated & discussed.

Through hands-on learning, the lactation care provider can learn to better engage with families and offer information and insight about certain feeding difficulties, why they may be occurring, and what to do about them. Red and Pink flags for referral, as well as scope of practice will also be covered.

THE LOVING TOUCH® METHOD OF INFANT MASSAGE & BREASTFEEDING/ CHESTFEEDING: INTERPERSONAL SYNCHRONY OF PARENT-INFANT DYAD

Diana Moore, MS, LMT, CIMI® and Penny Ann Friedman, BSN, RN, IBCLC

03.

In this presentation, participants will be engaged in both a hands-on activity and observational interactive experience with parents and babies as they are guided through specific massage techniques to help with calming and healing. We will explore some of the many benefits of infant massage and how they compliment and enhance breastfeeding/chestfeeding.

Infant massage is a positive tool, easy to learn, and can move parents and infants in the right direction to overcome lactation challenges. Just like breastfeeding/chestfeeding, infant massage is a parent delivered activity performed by parents with their babies.

LACTATION CRUTCH PHRASES: WHEN WAS THE LAST TIME YOU CLEARED YOUR CACHE?

Erika Dudley, IBCLC, CBS

04.

“Why did they tell me to do [insert outdated or out of context saying about lactation]?” We know that in some settings our length of time with a family is limited. Our words, tone, and the relevancy matter. Oftentimes we have some cliffs notes of breastfeeding information we share but when is the last time we did an assessment to see if our spiel is still relevant or even harmful? This interactive presentation will shine a light on how we can impact the trajectory of a family's journey with words and explore ways to update our phrases in an evolved, “user-friendly” way.

MANAGEMENT OF NIPPLE AND BREAST WOUNDS IN LACTATION

Katrina Mitchell, MD, IBCLC, PMH-C

05.

This presentation will address basic principles of wound care for the breast and nipple areolar complex (NAC), utilizing foundations of wound care practice throughout the body. We will review the etiology and treatment of lactation-related wounds, including latch and pump trauma, nipple piercings, fluid collection drainage sites, and iatrogenic wounds. Attendees will discuss the treatment of these different types of wounds. This session will also clarify conditions that may be identified as wounds, but are not traumatic in nature (e.g. subacute mastitis).

SESSIONS *Clinical Day*

"Best Conference Ever! "

-Sherri F



"TALK TO ME NICE: THE IMPORTANCE OF INCLUSIVE AND AFFIRMATIVE LANGUAGE IN LACTATION"

Iya Mystique Faodugun, MS, CFSO, CBE, CLE, CBS

06.

This "no cookie-cutter" workshop centers on informing and educating the importance of being inclusive and affirmative in lactation support. "Talk to Me Nice" creates the learning space for the lactation care provider to dive deeper into the importance of checking, correcting, and collecting problematic narratives that cause harm to marginalized communities, such as LGBTQ+ individuals.

Participants will be informed about the harmful practices that are presented daily in perinatal health care while serving LGBTQ+ individuals who are in need of safe and uplifting spaces. Participants will learn skills to dismantle and transform their practice for more inclusive and affirmative support.

NIPPLE SHIELDS, SNS, SPECIALTY FEEDERS, OH MY! BRIDGING THE GAP BETWEEN COMPLEX FEEDING DIFFICULTIES AND LACTATING PARENTS' FEEDING CHOICES

Sabrina Barber, BSN, RN, IBCLC, CD

07.

This presentation will be a hands-on interactive demonstration of alternative feeding methods including nipple shields, SNS, and specialty feeders. The session will evaluate how they may be used in clinical practice to support the lactating person's feeding goals.

ORAL RESTRICTIONS: TONGUE, LIP AND BUCCAL TIES

Michelle Emanuel, OTR/L, CST, CIMI, NBCR, RYT200;

08.

This dynamic and interactive presentation addresses oral dysfunction/restrictions and the essential role of lactation care providers in identifying, referring, working and collaborating with the entire team. Michelle will focus on clinically relevant signs, symptoms and associated dysfunction commonly associated with oral restrictions. This session will provide relevant hands-on techniques and strategies for pre and post frenectomy care, in addition to a helpful way of determining optimal timing of release. And, if you're wondering whether we will discuss 'torticollis' and head molding, as well as other postural issues, the answer is a big YES, because these are all relevant markers for oral dysfunction and restrictions.

MORE THAN MEETS THE EYE INTERACTIVE WORKSHOP: A CASE REVIEW ASSESSING DEEPLY MELANATED SKIN

Nekisha Killings, MPH, IBCLC

09.

Based on her landmark lecture, “How Did I Miss That? Breast Assessment in Non-White Skin Tones”, in this one-of-a-kind interactive workshop, Nekisha Killings, MPH, IBCLC will urge learners to flex their assessment skills in detecting conditions in deeply melanated patients. What to do when there is no observable sign of infection or disease? How to empathically engage with patients whose symptoms don’t line up with “typical” presentation? Answers to these questions and more will be addressed through careful examination of real cases and introspective scenarios crafted to improve and expand the clinician’s assessment approach.

PUMP IT UP: ALL YOU NEED TO KNOW TO SUCCESSFULLY SUPPORT PUMPING PARENTS

Nichelle Clark, IBCLC, CBS & Katy Linda, IBCLC, RLC

10.

The landscape of human milk feeding is ever evolving. In order to meet the demands and needs of our clients and patients, lactation care providers must evolve with them. This session will delve into the latest pumps/tools on the market, as well as successful implementation of them. During this skills session, lactation care providers will walk away with the skills needed to assist their clients in successfully meeting their pumping goals. This deep dive into pumps will be a full three hours and requires you to register for part 1 and part 2.

BOTTLE BLUES & BREAKTHROUGHS

Rachel O'Brien, MA, IBCL

11.

Have you noticed the huge increase in "bottle refusal" problems in the past two years? You're not alone! During this fun, interactive, hands-on session we will discuss why families are having this problem, how it affects the family dynamic, and most importantly what we as skilled lactation care providers can do to help. You will learn why helping babies with bottle skills (and knowledge of the bottles and teats on the market) absolutely part of our scope of practice, what the differences are in various brands of bottles, and what specific yellow flags in a baby's oral anatomy and behavior may signal that a nursing baby could have difficulty with bottle feeding.

Together we will bust the most common myths about "bottle refusal" and you will leave better equipped to help parents and caregivers navigate this challenge. Let's break through the bottle blues together!

"As always, your organization goes above and beyond to make all facets of the conference the best experience. Location, accommodations-hotel and conference rooms, etc, written materials, ease of finding information- like the whoova app. Thank you!"

-Deborah W

ABM MASTITIS SPECTRUM PROTOCOL UPDATE 2022

Katrina Mitchell, MD, IBCLC, PMH-C

01.

In this presentation, Dr. Mitchell will review the pathophysiologic spectrum of inflammatory conditions affecting the lactating breast in the mastitis spectrum. Starting with the discussion of hyperlactation (“oversupply”) and will transition into exploring non-infectious and infectious mastitis, and abscess development in the setting of massage and untreated hyperlactation. This presentation will also detail the identification and treatment of galactocele and lactational phlegmon. The goal is for lactation care providers to identify when these conditions may be presenting in a patient they are evaluating, and to understand when to refer patients to a medical provider for further intervention and care. Finally, this presentation will review risk factors for these conditions and how lactation care providers, within their scope of practice, can help prevent progression of complications. These include techniques such as gentle lymphatic drainage and other supportive measures such as reducing excessive pumping that will be reviewed.

DISCARDING THE PUMP AND DUMP: PERIOPERATIVE CARE OF THE LACTATING SURGICAL PATIENT

Kara M. Barnett, MD, FASA

02.

Despite the growing body of evidence on the compatibility of lactation after receiving anesthesia, sedation, or analgesia, lactating surgical patients are often still misinformed by their health care team to pump and discard for an unnecessary and arbitrary period of time. Misinformation and lack of perioperative lactation support may lead to increased patient stress, decreased milk supply, mastitis, or unintentional weaning. This comprehensive talk will cover all aspects of the perioperative care of the lactating patient including preoperative counseling and education, intraoperative anesthetic management, and postoperative strategies to maintain and protect lactation. However, there are indications or reasons to wean when lactating patients may not be able to continue their breastfeeding/chestfeeding feeding journey. Other highlights will include the basics of the various types of anesthesia, actual case studies, role plays, and available evidenced based resources and references for both patients and the health care team.

PATIENT EMPOWERMENT AND SHARED DECISION MAKING IN THE POST-PARTUM SPACE

Alisha Liggett, MD

03.

During pregnancy, birth, and beyond, many patients experience difficulties navigating our very complex and confusing healthcare system. This can leave them vulnerable, feeling frustrated or anxious during an already stressful time, and prevent them from seeking the help or guidance they really need. These struggling parents may not be prepared to effectively advocate for their family’s needs. This presentation, taught by Dr. Liggett, a family medicine physician, will focus on health equity and reproductive justice sharing tools to help lactation care providers guide the families in their care and those in their community to feel more confident and empowered during this critical time.



SESSIONS *Standard Conference*

BREAKOUTS



UNDERSTANDING BREAST PUMPS

Allison Tolman, LPN, IBCLC, ICCE

01.

Learn about the different types of breast pumps, understand the basic terms and settings of a breast pump (including flange sizing), review data on suction patterns and max suction, explore the most popular pumps on the current market, and walk through the process of evaluating a breast pump you are unfamiliar with. Goal: Become more familiar with breast pumps and be able to guide a patient in making an appropriate choice for their individual pumping needs.



ON THE MOVE: ADVANCING IBCLC EXPERTISE IN HUMAN MOVEMENT AS RELATED TO BREASTFEEDING/CHESTFEEDING

Allyson Wessells, PT, IBCLC

02.

Knowledge of neuroanatomy, reflexes, and biomechanics as related to breastfeeding/chestfeeding is essential to IBCLC competency. This presentation will define breastfeeding/chestfeeding in terms of posture, movement, and reflexive function. Strategies provided will include methods to identify and treat impairments that impede movement essential to breastfeeding/chestfeeding success. New research on how participation in infant movement group classes facilitated maternal confidence in breastfeeding/chestfeeding will be reviewed. Presented by an IBCLC who is also a physical therapist, this presentation explores how breastfeeding/chestfeeding should be considered a first movement milestone fostered through interactive tummy time at the most basic and often effective level, and in need of more definition as such across the healthcare continuum. While alerting other healthcare professionals to this definition can help improve support for it, IBCLCs should be the clinical expert in its assessment and treatment as a foundation to collaboratively solving more complex movement impairments that challenge breastfeeding success.



YOU HAVE A GREAT IDEA, NOW WHAT? HOW TO PUBLISH YOUR WORK

Angela Lober, PhD, RNC, IBCLC

03.

Research is vital to improving practice and furthering lactation science. This session seeks to demystify the process from idea to journal publication. Many practitioners have wonderful ideas that need to be shared with the lactation community. The speaker will review how to partner with researchers, write a proposal, conduct a study, draft a manuscript, and submit for publication.



ADDRESSING BURNOUT: PLACING THE "CARE" BACK IN CAREGIVER

Annette Leary, RN, BSN, IBCLC and Martha Lasley, BSN, RN, IBCLC

04.

These past 2.5 years have us saying "F" words: Fear, fatigue, family, finances, freedom and dare we mention Frenulums? How do we find time to recharge our battery? Educate ourselves? or Get back to socializing and collaborating with our colleagues. When do we trust the world is safe again? This has been a very difficult 2.5 plus years for many of us between our personal and family struggles, losses, gains and new adventures. The presentation will start with recognizing and identifying signs and symptoms that lead to disengagement aka burnout in our work. We will interactively process the manifestations of emotional and physical reactions threatening sustainability and then identify strategies to cope and recover. Final goal of the presentation is to have the group leave with a self directed guiding philosophy.



INDUCING & SUPPORTING LACTATION IN TRANS PARENTS

Bryna Hayden, IBCLC

05.

This talk covers the ins & outs of lactation induction in trans clients. Trans lactation induction is an area that is needing more evidentiary support than is currently available in literature. This speaker will share clinical experiences and discuss the merits of each currently available protocol as they apply to different hormonal profiles as well as client considerations and goals.



FROM "BREAST IS BEST" TO "FED IS BEST": MOTIVATION, PERSUASION, COERCION AND INFANT FEEDING ADVOCACY

Annie Frisbie, MA, IBCLC

06.

The "Fed is Best" slogan has come to dominate the discourse around infant feeding, with most parents believing it to be nothing more than an affirming, inclusive hashtag. Unpacking the phrase, however, opens up a rich discussion on both ethical and unethical marketing and messaging around infant feeding. This presentation will explore the use of language and messaging in early breastfeeding/chestfeeding advocacy, the origins of persuasion in marketing, the concept of the thought terminating cliché, combating coercion by emphasizing dignity and autonomy, and how lactation supporters can use motivation ethically to support families to reach their feeding goals.



SOCIAL MEDIA FOR LACTATION CARE PROVIDERS: HOW TO MAKE IT ETHICAL, INCLUSIVE, AND ENGAGING

Candace Baracat-Donovan, CLC

07.

More than ever, parents are turning to social media for information about lactation, but misinformation is everywhere. It's also challenging to figure out what to say, how to say it, and how to make the time for social media content while supporting parents. Let's go beyond the basics of just setting up a social media account and focus on strategies for creating ethical, inclusive and engaging content. Learn how to become a trusted voice in the social media space and brand yourself as a lactation care providers while being inclusive and welcoming for all types of families.

This presentation will share social media best practices, give tips and tricks, and do a real-time social media audit of two volunteers from the audience.

You'll leave this fun and inspiring session ready to educate and inform across social media platforms, while still meeting the highest professional and ethical standards.



TONGUE TIES: TEAM WORK MAKES THE DREAM WORK!

Cara Riek, DNP, RN, FNP-BC, IBCLC, DABLS

08.

It is well understood that successful breastfeeding requires a team approach. Many issues such as a tongue tie, torticollis, and birth trauma can cause an alteration in the infant's ability to latch and coordinate a proper suck to allow for effective transfer of milk. While clinical lactation care providers are the main provider of lactation support, these situations may also require the help of multiple disciplines to optimize support for the dyad, and it's important to understand everyone's unique role.

Understanding the biomechanics of breastfeeding/chestfeeding and how that may be impacted by tongue tie, torticollis, or birth trauma, is necessary to provide holistic care. This talk focuses on scope of practice, team roles, and model care plans.

50 SHADES OF GRAY: MANDATED REPORTING AS A LACTATION CARE PROVIDER

Chanelle Andrews, BA, CBS, IBCLC

09.

Private practice lactation care providers may not be aware of the mandated report requirement in their states as well as what information is required for filing a report. Through this presentation lactation care providers will explore what constitutes suspicion vs accusation, what merits a call to child services, how to avoid hotlining families of color, and more.



BECOMING AN EARLY BIRD EXPERT: LATE PRETERM DYADS NEED YOU!

Christine Staricka, BS, IBCLC, RLC, CE, FILCA

10.

When a baby is born at 32 weeks, everyone understands and expects that there will be challenges to lactation and breastfeeding/chestfeeding, and a support network mobilizes. Where is the support network for the dyad that includes a 36-week baby? Late preterm dyads need intensive and continuous support, often far exceeding the capacity of hospital postpartum staff and outpatient lactation settings. Access to a lactation expert on Early Birds, babies born between 34+0 and 36+6 weeks gestation, can mean the difference between robust & faltering milk production, a baby who fails to gain weight early or one who grows well right from the start, a parent whose feeding goals are attainable or which are slipping away as the first weeks pass. This session will bring you up to speed on exactly what techniques & counseling will best support these dyads in your practice.



STRUCTURAL SUPPORT FOR IDEAL NUTRITION IN PRETERM INFANTS

Claire Eden, IBCLC, Licensed Lactation Consultant

11.

Parents of hospitalized neonates face specific barriers to establishing lactation and providing their milk. Donor human milk (DHM) is the appropriate nutrition for high-risk infants when the supply of the parent's own milk is insufficient. Financial burden, policy differences, and limited education all contribute to inequitable access to both parent's milk and DHM, which can be lifesaving to vulnerable neonates. The American Academy of Pediatrics and the US Surgeon General have called for an investigation into the barriers preventing the use of DHM and for changes to public policy to improve availability and affordability. We will review barriers to the provision of human milk (both parent's own and DHM) and strategies to address them, including advocating for Medicaid reimbursement for medically indicated DHM.

DO LACTATION AND BOOZE MIX? THE ETHICS OF CONSULTS WITH PARENTS WHO PARTY

Elizabeth C. Brooks, JD, IBCLC, FILCA

12.

A client announces this weekend is the Baby's One Month birthday and they are going to celebrate with some champagne! Parent asks how long they should pump-and-dump after they pop the cork. And, should they buy those strips to test alcohol in expressed milk?

What will you say? There is sound science about the pharmacology of alcohol transfer into human milk. However, mainstream media inaccurately describes the biology, and conflates risks to the infant. Parents end up using techniques advised by profit-driven companies or celebrity bloggers, sacrificing the ease and long-term health benefit of direct feeds. Some families end up introducing formula, or even weaning, much sooner than planned.

This session will review the impact of partying on human milk, and the ethics of advising partying parents in your care. This E-CERP eligible session covers material from Sections IV, V and VII-C of the IBLCE Detailed Content Outline.



PRACTICE, PREACH AND ADVOCATE! HOW TO CHAMPION LAWS AND POLICIES THAT SUPPORT LACTATION AND HEALTH EQUITY

Ellen Maughan, JD, IBCLC

13.

Parents who feed human milk to their babies face numerous barriers, not only in the healthcare system, but in communities, workplaces, childcare, schools, businesses, insurance coverage and more. While optimal supportive care is key to improving lactation outcomes, ensuring the development and implementation of equitable systems, policies and laws is also essential to creating a culture that normalizes breastfeeding, chestfeeding and human milk feeding. This presentation will explore why lactation advocacy is an essential call to action for every lactation care provider. This session will also furnish attendees the tools and resources they need to commence meaningful lactation advocacy at the local, state and national levels to create lasting changes to far-reaching policies that support human milk feeding.

SESSIONS *Standard Conference*

BREAKOUTS



BUILD YOUR OWN STAFF! LACTATION TECH PROGRAM

Gail Gresham, IBCLC, MPH

14.

This presentation describes how to grow your lactation staff through innovative paid Pathway 3 IBCLC internships. This lactation tech model allows students to provide clinical lactation care for patients in the hospital and outpatient settings by performing less complex duties, under the direct supervision of an IBCLC. This presentation will describe how to establish opportunities for aspiring IBCLCs that remove barriers to enter into the lactation field by offering a paid position for those without previous perinatal experience or licenses. This session will also discuss peer-to-peer review and support groups as a way to learn from each other and keep your whole team all on the same page through empowerment.

THE GENDER INCLUSIVE CLINIC SPACE

Jacob Engelsman, IBCLC

15.

This session will discuss ways you can help your clinic space and clinicians to be more inclusive for your LGBTQAI+ patients.

The main focus will be how hormone treatments and gender affirming procedures can affect lactation along with potential psychological effects of lactation for masculine identifying patients. Terminology related to transgender and non-binary communities will be reviewed and with discussion around suggestions for ways to make your clinic space be more visibly inclusive (books, handouts, posters, etc.) The session will also cover how intake paperwork and note taking can be gender inclusive with examples of SOAP notes and LATCH scores and the importance of either maintaining or adjusting your own comfort levels.

There will be ample time for Q&A with the understanding that it will be a safe space where any question can be asked in good faith.



FINDING COMMON GROUND: USING A STANDARDIZED TOOL TO FACILITATE BETTER COMMUNICATION WHEN ASSESSING ORAL FUNCTIONALITY

Kristen Rosin, IBCLC

16.

The term "tongue-tied" has unfortunately become a polarizing phrase in the infant feeding world with definitions varying widely depending on training and specialization. As lactation care providers, our skills in assessing an infant's oral range of motion, is critical to assisting in feeding interventions and helping advocate for appropriate care. This presentation aims to demonstrate that by adopting a standardized tool our team has been able to comprehensively explain to parents the dimensions of the assessment, while earning the trust and respect of our community pediatricians and neonatologists by using objective terminology and a tool that is replicable. Using a standardized tool and universally accepted language also helps to communicate better within a peer team, allowing multiple practitioners to work together with a family to reach their feeding goals.



EARLY INSIGHTS INTO HUMAN MILK ANALYSIS

Laura Serke, IBCLC, RD, CSPCC, LD

17.

The FDA has recently approved human milk analyzers for use in healthcare settings. While this is very exciting, it also brings up a lot of questions. When should we sample? How do we sample to minimize interference with breastfeeding/chestfeeding? What do these results mean? With words like "high and low" and "good and bad" circulating in healthcare, we need to be especially careful with our messaging surrounding human milk analysis results. This session will take a deep dive into understanding the normal physiologic ranges of human milk in terms of energy, fat, protein, and carbohydrate as well as look at case studies and discuss interventions.

WHO KNEW? THE ESTROBOLOME AND THE MAMMARY GLAND

Laurel Wilson, IBCLC, RLC, CLE, CLD, CCCE, BSc

18.

The estrobolome is a collection of influential bacteria, fungi, and viruses in the gut that impact estrogen release and hormonal function. This delicate balance of bacteria has a significant impact on estrogen creation. This influences the operation of the reproductive system, regulation of body fat, brain function, and cardiovascular and bone health. The estrobolome also plays a major role in the health and function of the mammary gland. Gut dysbiosis is now recognized as playing a role in a baby's food sensitivities and allergies, but it is now time to look at the microbiome's impact on lactation itself and the long-term health of the mammary gland regarding breast cancer. This presentation addresses what we know now about the estrobolome, how it functions, its relationship with reproductive organs, potential impacts on the mammary function, and how we can create positive change in the gut for optimal estrobolome performance.

PANDEMIC (AND OTHER CRISES) PROOF YOUR PRIVATE PRACTICE

Leah Jolly, IBCLC

19.

Unexpected personal or world events such as natural disasters, family illness or injury, or even pandemics are inevitable over the course of a lifetime. These events require you to protect and pivot your business in a different way. This session will teach you about the planning, policies, and strategies you can implement to help mitigate the impact these events have on your business, yourself, and the families you serve.



LACTATION, LAB VALUES, AND WHAT THEY MEAN

Marsha Walker, RN, IBCLC

20.

Laboratory values during lactation can be a helpful assessment tool when working with issues such as insufficient milk production, overproduction, delayed lactogenesis II, acute and chronic health conditions, non-binary lactation, adoptive nursing, and puzzling infant symptomatology. Labs can be drawn for many hormones or nutrients such as prolactin, thyroid hormones, estrogen, progesterone, testosterone, iron, vitamin B12, zinc, A1C, and vitamin D. Values can also be studied in human milk. While there are published normal ranges for the above, ranges during lactation differ and can be inconsistent between laboratories and depending on which types of tests are used. One value outside the range of normal does not provide a complete picture of what may be causing a problem. Lab values can also be influenced by nursing patterns, diet, medications, health status, and metabolic status. This presentation will explore lab values related to lactation, what they could mean, and potential suggested interventions.



MICROBIOME SUPPORT FOR THE BREASTFEEDING/CHESTFEEDING DYAD

Megan Dunn, BS, IBCLC

21.

The billions of unicellular organisms that form a symbiotic relationship with our bodies provide essential functions that regulate, modulate, and maintain homeostasis. The microbiome has an essential role in prompting a proper immune response, adequate nutrition status, managing inflammatory status, supporting mental health, and many more functions which are required for good health. Dysbiotic conditions during the perinatal period are common and impact the parental and infant feeding relationship. In this presentation, participants will learn about the functions of the microbiome as it relates to lactation and infant health as well as the consequences of dysbiosis and its impact on lactation and infant feeding.

Additionally, participants will learn how to address dysbiotic conditions within their profession's scope. This presentation provides clinically applicable information and recommendations that participants can apply when providing lactation education and developing care plans.

SESSIONS *Standard Conference*

BREAKOUTS



SUPPORTING FAMILIES AND BABIES WITH FOOD ALLERGIES

Meghan McMillin, MS, RDN, IBCLC

22.

Though the overall risk of the development of food allergies in infants remains very low, prevalence has been increasing. And with that increase, we are also seeing more concerns for food allergies in the exclusively breast/chest fed infant. This presentation aims to educate on the different types of food allergies (IgE mediated vs non- IgEmediated) and their symptoms commonly seen in a breast/chest fed infant. We'll review the current feeding recommendations for an infant that presents with food allergies including maternal elimination diets. This presentation will also explore the role of the lactation care provider in managing food allergies and supporting our families that face this challenging situation.



"MAY THE FOURTH BE WITH YOU!" FOURTH TRIMESTER CARE

Rowena D. Pingul-Ravano, MD, FAAP and Margaret Judge, RN, BSN, LCCE, CLC

23.

"May The 4th Be With You" will be presenting the evidence behind the impact of CenteringPregnancy in the 4th trimester care in decreasing pre-term birth and increasing breastfeeding/chestfeeding initiation rates, and how we can bridge the perinatal care disparity gap through this innovative CenteringPregnancy model of care. We will also discuss the impact of the triad effect (of a physician, an OB nurse and a doula) on lactating parents.



JAUNDICE, HEALTH LITERACY & LACTATION

Sekita Lewis Johnson, DNP FNP-BC IBCLC

24.

Jaundice occurs in over 60 percent of full-term infants. Strategies for preventing or minimizing jaundice include early initiation and frequent breastfeeding/chestfeeding. Oftentimes, formula is recommended as "medical" supplementation without proper assessment, informed consent, explanation of jaundice, or protection of breastfeeding/chestfeeding. Additionally, families are discharged home without continuity of lactation support often leading to thwarted feeding goals. It is imperative that clinicians recognize and adhere to evidence-informed guidelines related to newborn jaundice; take proper precautions to minimize unnecessary formula supplementation; assess health literacy and provide guidance accordingly; and provide individualized discharge plans for continuity of lactation support while managing newborn jaundice.



STRATEGIES FOR SUPPORTING THE BOTTLE-REFUSING BABY

Susan Howard, MSN, RN, IBCLC

25.

Not all babies easily accept a bottle despite early introduction and paced feeding. Lactation care providers can be excellent resources for families experiencing bottle difficulties but many do not feel confident in supporting the bottle refusing family. Effective bottle skills require 1) a good-fit teat compatible with the baby's oral anatomy, 2) competent sucking skills, and 3) an informed parent/caregiver knowledgeable about bottle feeding.

Lactation care providers knowledgeable in bottle feeding can offer strategies beyond the typical distractions and pressure feeding approaches that not only build skills but protect the breastfeeding/chestfeeding relationship.

This program will offer a framework for building bottle skills. Practical skills for supporting bottle feeding families as well as the technical skills for improving an infant's ability to feed at the bottle will be discussed. Novice and seasoned lactation care providers will find the content applicable to practice.

TEETHERS, CRUISERS, WALKERS, AND TALKERS: SUPPORTING THE OLDER BABY DYAD

Whitney N. Dula, BS, IBCLC

26.

Many clients feel like lactation issues dissipate in the early weeks or months of their lactation journey. As babies grow and evolve however, new challenges may present themselves, and can even have potential negative effects on lactation. This talk aims to educate providers on the typical milestones of the infant-toddler age ranges, propose situations that may necessitate lactation care, and encourage lactation care providers to strengthen their skills to support the dyad beyond the fourth trimester into early childhood.

"I attend a lot of conferences every year and around the globe. This one was remarkable! I was impressed with the organization; it was flowing so smoothly and the choice of sessions was great. The App used (Whova) was amazing and I will present it to our regional association for future conference. Thank you very much to all who organized this event. It was a success and a pleasure to attend! "

-Melanie G



SESSIONS *On Demand*



NEURODIVERGENCE AND LACTATION: QUICKSTART GUIDE TO SUPPORT

Genny Stiller, RN, MSN, IBCLC, C-NLS

01.

As lactation care providers we are extremely adept at customizing care for our clients based on their specific needs and unique situations. Existing lactation education is robust and comprehensive, however it doesn't include support of the neurodivergent parent.

This presentation will cover the basics for delivering neurodivergent-affirming supportive care from where you're at right now.



THE RESTRICTED MOUTH: ASSESSMENT OF INFANT ORAL ANATOMY

BreAnne Marcucci, ARNP, FNP-C, IBCLC

02.

This presentation will focus on assessment of infant oral anatomy with a special focus on infant oral restriction including tongue and lip ties (ankyloglossia & restricted maxillary labial frenum). We will review when infant oral exam is appropriate, examination techniques, useful and proven assessment tools, clinical descriptive language and how to translate this to interventions and/or referrals that support the dyad. This presentation will include pictures, recordings, and case scenarios to help the learner and is aimed at empowering clinical lactation care providers to perform accurate and thorough infant oral exams when indicated.



THE USE OF CULTURE AND SENSITIVITY TESTING OF HUMAN MILK IN THE PRESENCE OF PARENTAL INFECTION

Leslie Southard, PharmD, BCACP, CBS

03.

This presentation will discuss the current guidelines for and use of culture and sensitivity tests in the presence of parental breast/chest infection as well as the use of the results to guide treatment. In addition, specific types of infections and the typical course of treatment will be shared.



HIGH RISK AND LACTATION...WHAT ARE WE MISSING?

Nastassia Davis, DNP, RN, IBCLC

04.

This presentation will explore various high risk pregnancy complications including preeclampsia and cardiovascular conditions and the intersection of how they impact the lactating dyad. This session will also discuss what the early warning signs are so that lactation care providers can better assist in identification and treatment.



"Overall experience was outstanding! Learned a lot to take back home and the high energy of the conference continued throughout the three days."

- Kary J

SESSIONS *On Demand*



"Wonderful speakers. You guys hit it out of the park!"

-Elaine S



LACTATION SUPPORT FOR CLIENTS WITH LARGER BREASTS/CHESTS

Megan Dunn, BS, IBCLC

05.

Lactating parents with larger breasts/chest face practical challenges with breastfeeding/chestfeeding including physical discomfort and lack of products designed for their morphology. Alongside these practical challenges, families also must contend with the psychological dilemmas resulting from body shaming and hypersexualizing messages from the media and culture. Some parents must also grapple with comorbidities associated with larger breast/chest morphology.

As lactation care providers a lack of research exists to offer evidence-based guidelines, protocols, or recommendations for these parents.

This presentation addresses all these concerns in addition to providing recommendations for pragmatic functional solutions, addressing provider bias and assumptions, and teaches skills for body acceptance within a trauma informed care model.



CO-CREATING AND RE-IMAGINING LACTATION TRAININGS & SUPPORT

Tanay Lynn Harris, CBS, CPE, PD


06.

Centering equity and inclusion in lactation support and care requires deep intentionality. Funding support is extremely important balanced with the need to ensure success and sustainability, especially for Black & Brown folks. It is imperative that support is offered through information and resource sharing and mobilization holistic well-being and success.

This presentation will look at the success of a unique framework that has supported over 70 Black and Brown folks to become lactation care providers, since 2020, through partnerships and collaboration. The cohort model has proven success along the lactation training journey by centering a decolonized, anti-racists, gender-affirming, and holistic care approach. This presentation will look at the importance of co-creation, collaboration, resource sharing, organizing, and centering community knowledge that inspires creativity and abundance for sustainability in the lactation field.

VIRTUAL CONFERENCE

Eager for cutting edge clinical lactation education but unable to travel to Norfolk? We will certainly miss you for all of our exciting in-person events but we have an option for you! Register for our first virtual conference and gain access to 26 on-demand sessions, connect with exhibitors, review posters, and network virtually with attendees!

Virtual conference will include 60-day access to all recorded breakout sessions and on-demand sessions designated with the  symbol. Access to the virtual conference platform will be made available within 30 days of the live conference.

INVESTMENT

MEMBERS: \$650

NON-MEMBERS: \$950

**Register your seat at
www.uslca.org/new_horizons_virtual**



Conference App

New Horizons in Clinical Lactation will be using the Whova app to connect with attendees, share conference details, and much more! Virtual conference attendees will have access to the conference app to connect with virtual attendees, view posters, and network with exhibitors. Access will be awarded when the virtual conference access is provided in October 2022.



We can wait to see you!



POLICIES

COVID Policy

As we continue to live through the COVID-19 pandemic, the safety of our conference participants and those you serve are our highest priority. Those attending the live conference will be required to provide proof of vaccination or a negative COVID test dated within 48 hours of the start of the conference (e.g., Clinical Day attendees must test after September 20 and main conference after September 21.) Other directed health measures, such as masking and gathering size, will follow the guidelines of the conference location state or city mandates.

USLCA takes its duty of care very seriously and will continue to monitor medical and conference protocols for the safety of everyone involved in the event.

If an attendee is unable to attend the conference due to a conflicting diagnosis, access to the virtual conference will be offered as a suitable substitution.

Admissions

All conference areas will be restricted to paid and badged attendees, exhibitors, and speakers. Anyone who enters the conference areas without a badge will be asked to leave.

Cancellation and Refund Policy

All refund requests must be received no later than July 31, 2022, for a full refund, less a \$75 processing fee. Cancellations received between August 1, 2022 and September 1, 2022 will be eligible to receive a 50% refund, less \$75 processing fee. All refunds will be made after the completion of the conference. No refunds will be given for cancellations received after September. Attendee substitutions may be made at no additional charge for the exact registration. Compassionate accommodation will be made for those unable to travel due to COVID diagnosis in the form of transfer to the virtual conference.

Catered Functions

Allotment of food and beverage are based on paid registrations. Anyone without a paid registration, including unregistered traveling companions and family members, will not be included in catered functions. Additional meal tickets may be purchased by calling the USLCA office.

Contact Hours

All lactation consultant and nursing credits are based on a 60-minute unit. USLCA is an approved provider of Continuing Education Recognition Points (CERPs) with the International Board of Lactation Consultant Examiners and continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Families and Babies

USLCA is committed to providing an environment conducive to learning for all conference attendees. Quiet infants in arms and non-separating children are welcome. As a courtesy to other participants, and to avoid being asked to step out of the session room, please attend to your child's noise and fussiness promptly. A private lactation room will be available for all parents.

Hotel Accommodations

USLCA has contracted for accommodations with the Norfolk Waterside Marriott for a special conference rate. To access this rate, contact the resort directly and stay within the block.

⚠️ Be advised of scams that may pose as a third party (such as CBS International, Corporate Booking Services, EHRS, Exhibition Housing Services, Global Housing Corporation, World Wide Travel) to take your reservation off property. These companies and individuals have no relationship with our events. Our attendees are encouraged to disregard any communication received from these companies or any others that are not affiliated with USLCA.

Liability

Views expressed by speakers, sponsors and/or exhibitors are their own. USLCA cannot accept liability for any advice given or views expressed by any speaker, sponsor and/or exhibitor at the conference or in any material provided to attendees.

Media Policy

USLCA will photograph conference events. As a part of registration, you are granting permission to record, photograph, use, and distribute (both now and in the future) your image, name, and voice in all forms and all media related to this conference. If you wish to opt out of this, please notify the USLCA office.

Privacy Policy

The personal information supplied with registration will be held by USLCA as a record of attendance. By registering for this conference, all attendees are agreeing that USLCA may use their personal information to contact them by email, direct mail, or telephone. Attendee information will also be supplied to all conference attendees, paid sponsors and exhibitors unless an attendee chooses to opt-out. Whova will serve as the conference mobile app. Use of the app implies consent of Whova privacy policy.

Virtual Session Policy

Registration to the live in-person conference includes six (6) the designated virtual sessions. Access to recorded version of the live sessions will require a separate registration.



2022 CONFERENCE REGISTRATION

Submit registration online at www.uslca.org/new_horizons_norfolk_register/
or send application with full payment to: P.O. Box 860, Helotes, Texas 78023
Checks can be made payable to USLCA



First _____ Last _____

Badge name, if different than listed above _____

Identifying pronouns _____ Credentials (limit 3) _____

Organization (for name badge) _____

Address _____

City _____ State/Province _____ Zip _____

Phone _____ Email _____

PRIMARY WORK SETTING

- ☐ Academic ☐ Birth Center ☐ Community ☐ Home visit ☐ Hospital
☐ Physician office ☐ Private practice ☐ Retail ☐ Retired ☐ State/Local government
☐ WIC ☐ Other _____

OTHER ITEMS*

Dietary Restrictions: ☐ Allergy _____

☐ Gluten-free ☐ Kosher (additional fee - market price) ☐ Vegan ☐ Vegetarian

If you have a physical challenge or special need that may require assistance during the conference, please specify:

☐ Do not include my name in the conference attendee list ☐ Do not include my contact information to exhibitors

PAYMENT

Payment Plan: Members who register before August 1 are eligible to split their registration fee into 2 payments for a \$30 processing fee. Half is due to initiate payment. Must sign-up online.

TOTAL: \$ _____

Member Pricing	Before June 16	After June 16
Standard Conference	<input type="checkbox"/> \$650.00	<input type="checkbox"/> \$795.00
Standard Conference + Clinical Day	<input type="checkbox"/> \$850.00	<input type="checkbox"/> \$995.00
Clinical Day only	<input type="checkbox"/> \$345.00	<input type="checkbox"/> \$345.00
Single Day Fee	<input type="checkbox"/> \$345.00	<input type="checkbox"/> \$445.00
Virtual Add-on	<input type="checkbox"/> \$345.00	<input type="checkbox"/> \$445.00

Non-Member Pricing	
Standard Conference	<input type="checkbox"/> \$950.00
Standard Conference + Clinical Day	<input type="checkbox"/> \$1345.00
Clinical Day only	<input type="checkbox"/> \$550.00
Single Day Fee	<input type="checkbox"/> \$550.00
Virtual Add-on	<input type="checkbox"/> \$550.00

Billing information (if different than registration)

Name _____

Address _____ City _____ State _____ Zip _____

Signature _____

Method: ☐ Check/Money order ☐ Credit Card

Number: _____ Exp date: ____/____/____ Security Code: _____

* USLCA and the Marriott Norfolk Waterside strive to accommodate all special needs of attendees. Participants are responsible for their own wellbeing and we can't be held liable.

SESSION SELECTIONS							
Breakouts (select 1 for each time slot):							
TIME	SESSION	OPTION 1	OPTION 2	OPTION 3	OPTION 4	OPTION 5	OPTION 6
THURSDAY 22	8:00-9:30	<input type="checkbox"/> Bottle Blues & Breakthroughs with Rachel O’Brien, MA, IBCLC	<input type="checkbox"/> “Talk to Me Nice: The Importance of Inclusive and Affirmative Language in Lactation” with Iya Mystique Faodugun, MS, CFSD, CBE, CLE, CBS	<input type="checkbox"/> The Loving Touch® Method of Infant Massage & Breastfeeding/Chestfeeding: Interpersonal synchrony of parent-infant dyad with Diana Moore, MS, LMT, CIMI® and Penny Ann Friedman, BSN, RN, IBCLC	<input type="checkbox"/> More Than Meets the Eye Interactive Workshop: A Case Review Assessing Deeply Melanated Skin with Nekisha Killings, MPH, IBCLC	<input type="checkbox"/> Oral Restrictions: Tongue, Lip and Buccal Ties with Michelle Emanuel, OTR/L, CST, CIMI, NBCR, RYT200;	
	10:00-11:30	<input type="checkbox"/> Bottle Blues & Breakthroughs with Rachel O’Brien, MA, IBCLC	<input type="checkbox"/> “Talk to Me Nice: The Importance of Inclusive and Affirmative Language in Lactation” with Iya Mystique Faodugun, MS, CFSD, CBE, CLE, CBS	<input type="checkbox"/> The Loving Touch® Method of Infant Massage & Breastfeeding/Chestfeeding: Interpersonal synchrony of parent-infant dyad with Diana Moore, MS, LMT, CIMI® and Penny Ann Friedman, BSN, RN, IBCLC	<input type="checkbox"/> More Than Meets the Eye Interactive Workshop: A Case Review Assessing Deeply Melanated Skin with Nekisha Killings, MPH, IBCLC	<input type="checkbox"/> Oral Restrictions: Tongue, Lip and Buccal Ties with Michelle Emanuel, OTR/L, CST, CIMI, NBCR, RYT200;	<input type="checkbox"/> Pump It Up: All You Need to Know to Successfully Support Pumping Parents Nichelle Clark, IBCLC, CBS & Katy Linda, IBCLC, RLC
	12:30-2:00	<input type="checkbox"/> Nipple Shields, SNS, specialty feeders, Oh my! - Bridging the gap between complex feeding difficulties and lactating parents feeding choices with Sabrina Barber, BSN, RN, IBCLC, CD	<input type="checkbox"/> Reflex Assessment for Infant Feeding with Bryna Hayden, IBCLC	<input type="checkbox"/> Lactation Crutch Phrases: When was the last time you cleared your cache? with Erika Dudley, IBCLC, CBS	<input type="checkbox"/> Management of Nipple and Breast Wounds in Lactation with Katrina Mitchell, MD, IBCLC, PMH-C	<input type="checkbox"/> Connecting the Dots: Applying Collaboration, Evidence, Clinical Knowledge in Trending Case Reviews with Annette Leary, RN, BSN, IBCLC and Martha Lasley, BSN, RN, IBCLC	TWO SESSION BLOCK, MUST SELECT BOTH
	2:30-4:00	<input type="checkbox"/> Nipple Shields, SNS, specialty feeders, Oh my! - Bridging the gap between complex feeding difficulties and lactating parents feeding choices with Sabrina Barber, BSN, RN, IBCLC, CD	<input type="checkbox"/> Reflex Assessment for Infant Feeding with Bryna Hayden, IBCLC	<input type="checkbox"/> Lactation Crutch Phrases: When was the last time you cleared your cache? with Erika Dudley, IBCLC, CBS	<input type="checkbox"/> Management of Nipple and Breast Wounds in Lactation with Katrina Mitchell, MD, IBCLC, PMH-C	<input type="checkbox"/> Connecting the Dots: Applying Collaboration, Evidence, Clinical Knowledge in Trending Case Reviews with Annette Leary, RN, BSN, IBCLC and Martha Lasley, BSN, RN, IBCLC	
FRIDAY 23	7:30-8:30	<input type="checkbox"/> Becoming An Early Bird Expert: Late Preterm Dyads Need You! with Christine Staricka, BS, IBCLC, RLC, CE, FILCA 🐣					
	11:00-12:00	<input type="checkbox"/> Inducing and Supporting Lactation in Trans Parents with Bryna Hayden, IBCLC 🐣	<input type="checkbox"/> Microbiome Support for the Breastfeeding/Chestfeeding Dyad with Megan Dunn, BS, IBCLC 🐣	<input type="checkbox"/> Addressing Burnout: Placing the “care” back in Caregiver with Annette Leary, RN, BSN, IBCLC and Martha Lasley, BSN, RN, IBCLC 🐣	<input type="checkbox"/> Pandemic (and other crises) Proof your Private Practice with Leah Jolly, IBCLC	<input type="checkbox"/> Case Studies (select only once)	
	2:00-3:00	<input type="checkbox"/> On The Move: Advancing IBCLC Expertise in Human Movement as Related to Breastfeeding/Chestfeeding with Allyson Wessells, PT, IBCLC 🐣	<input type="checkbox"/> Who Knew? The Estrobolome and the Mammary Gland with Laurel Wilson, IBCLC, RLC, CLE, CLD, CCCE, BSc	<input type="checkbox"/> “May The Fourth Be With You!” Fourth Trimester Care with Rowena D. Pingul-Ravano, MD, FAAFP and Margaret Judge, RN, BSN, LCCE, CLC 🐣	<input type="checkbox"/> You have a great idea, now what? How to publish your work with Angela Lober, PhD, RNC, IBCLC 🐣	<input type="checkbox"/> Case Studies (select only once)	
SATURDAY 24	7:00-8:00	<input type="checkbox"/> Finding Common Ground: Using a Standardized Tool to Facilitate Better Communication When Assessing Oral Functionality with Kristen Rosin, IBCLC 🐣					
	9:00-10:00	<input type="checkbox"/> The Gender Inclusive Clinic Space with Jacob Engelsman, IBCLC	<input type="checkbox"/> Supporting Families and Babies with Food Allergies with Meghan McMillin, MS, RDN, IBCLC 🐣	<input type="checkbox"/> From “Breast is Best” to “Fed is Best”: Motivation, Persuasion, Coercion and Infant Feeding Advocacy with Annie Frisbie, MA, IBCLC 🐣	<input type="checkbox"/> Practice, Preach and Advocate! How to Champion Laws and Policies that Support Lactation and Health Equity with Ellen Maughan, JD, IBCLC 🐣	<input type="checkbox"/> Case Studies (select only once)	
	10:10-11:10	<input type="checkbox"/> Tongue Ties: Team work makes the dream work! with Cara Riek, DNP, RN, FNP-BC, IBCLC, DABLS 🐣	<input type="checkbox"/> Early Insights into Human Milk Analysis with Laura Serke, IBCLC, RD, CSPCC, LD 🐣	<input type="checkbox"/> 50 Shades of Gray: Mandated Reporting as a Lactation Professional with Chanelle Andrews, BA, CBS, IBCLC	<input type="checkbox"/> Social Media for Lactation Professionals: How to Make it Ethical, Inclusive and Engaging with Candace Baracat-Donovan, CLC 🐣	<input type="checkbox"/> Case Studies (select only once)	
	1:00-2:00	<input type="checkbox"/> Strategies for supporting the bottle-refusing baby with Susan Howard, MSN, RN, IBCLC 🐣	<input type="checkbox"/> Lactation, lab values, and what they mean with Marsha Walker, RN, IBCLC 🐣	<input type="checkbox"/> Structural support for ideal nutrition in preterm infants with Claire Eden, IBCLC, Licensed Lactation Consultant 🐣	<input type="checkbox"/> Teethers, Cruisers, Walkers, and Talkers: Supporting the Older Baby Dyad with Whitney N. Dula, BS, IBCLC	<input type="checkbox"/> Case Studies (select only once)	
	2:15-3:15	<input type="checkbox"/> Understanding Breast Pumps with Allison Tolman, LPN, IBCLC, ICCE 🐣	<input type="checkbox"/> Jaundice, Health Literacy & Lactation with Sekita Lewis Johnson, DNP FNP-BC IBCLC 🐣	<input type="checkbox"/> Do Lactation and Booze Mix? The Ethics of Consults With Parents Who Party with Eliza-beth C. Brooks, JD, IBCLC, FILCA	<input type="checkbox"/> Build your own staff! Lactation Tech Program with Gail Gresham, IBCLC, MPH 🐣	<input type="checkbox"/> Case Studies (select only once)	



United States Lactation Consultant Association

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