

HOW TO PUBLISH

in *Clinical* Lactation



1) CHOOSE A TOPIC

What question do you want to answer? Will you be preparing a research manuscript or a commentary? Even if you are focusing on a literature review, there is a guiding question and the methods you used to find the articles that you are discussing.

2) COLLECT YOUR REFERENCES

We encourage you to find as many relevant references as possible, you are most likely looking at **20 or more references** for a research paper or literature review. The references should mostly be less than 5 years old to support your topic.



3) START WRITING

Need some help? Consider the following content outline:

- a. Introduce the topic
- b. Present a problem
- c. Present a solution
- d. Summarize the concept

Find a more detailed outline at bit.ly/write-cl and don't forget to review the Author Guidelines to make sure your piece meets the length and style requirements.

4) REVIEW!

Need another set of eyes? Email a colleague or friend who can look it over. If this is your first time writing for a journal, we encourage you to email us at clinicallactation@uslca.org and let us know this is your first time writing and you would like some feedback prior to submitting. We would be happy to pair you with an Associate Editor to quickly look over your manuscript to provide feedback for submission. This step is optional but helps some writers feel more confident in their piece.





5) TIME TO SUBMIT!

Go to bit.ly/write-cl to build your author profile and submit your piece. There is no cost to submitting to Clinical Lactation.

6) WAIT!

We know, this is the hardest part! The Clinical Lactation editorial team will be in touch as soon as your piece has been reviewed. Just a heads-up, we may have questions or need edits to be made. This does not mean your piece is bad or will not be published! Clinical Lactation is a peer-reviewed journal that relies on the perspective and feedback of colleagues to make your piece better! We will walk you through this step to ensure your article is the best it can be!



7) HEAR BACK

You will receive an email after a few months letting you know the responses from peer reviewers. You may receive a **request for revisions**. These may be **minor edits** or **major revisions**. You will be given a **deadline** to meet those revisions. When you resubmit, it may be reviewed by peers again or it may be accepted. It is also possible a paper is rejected, even after revisions. This does not mean it is a paper you should give up on, it just means, it is not the right fit for this journal.

8) UPDATE YOUR MEMBERSHIP

Make sure your USLCA membership is up-to-date so you can access the article! If you want to receive a print copy, make sure you're a Standard or Enhanced level member



9) SHARE

Share your article! You should be proud of your work! We encourage you to share your article within your personal and professional networks!