

**PRACTICE, PREACH, ADVOCATE: HOW TO CHAMPION LAWS AND POLICIES
THAT SUPPORT LACTATION AND HEALTH EQUITY**

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September 24, 2022

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ADVOCACY RESOURCES

Breastfeeding Data

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Check state, county and local health department websites for additional data.

Some Lactation Advocacy Organizations

A Better Balance. <https://www.abetterbalance.org/our-issues/breastfeeding-while-working/>

Asian Pacific Breastfeeding Task Force. <https://www.breastfeedla.org/aapi-breastfeeding-task-force/>

Black Mothers Breastfeeding Association. <https://blackmothersbreastfeeding.org/>
International Lactation Consultants Association. <https://ilca.org/>
Latina Breastfeeding Coalition. <https://www.facebook.com/latinabreastfeedingcoalition/>
Moms Rising. <https://www.momsrising.org/campaigns/workplace-justice>
National Lactation Consultant Alliance. <https://nlca.us/>
Reaching Our Sisters Everywhere (ROSE). <https://breastfeedingrose.org/>
United States Breastfeeding Committee. <https://www.usbreastfeeding.org/>
United States Breastfeeding Committee. List of Affiliated State Breastfeeding Coalitions:
<https://web.usbreastfeeding.org/coalitions/search>
United States Lactation Consultant Association. <https://uslca.org>

ADDITIONAL RESOURCES

Baby Friendly Hospital Initiative: <https://www.babyfriendlyusa.org/>

Community Toolbox: <https://ctb.ku.edu/en> (Advocacy resources.)

Global Breastfeeding Collective Advocacy Toolkit:

<https://www.globalbreastfeedingcollective.org/breastfeeding-advocacy-toolkit>

Laws and regulations

National Conference of State Legislatures—listing of all state breastfeeding laws:

<https://www.ncsl.org/research/health/breastfeeding-state-laws.aspx>

US Breastfeeding Committee: ***The Role of Law and Policy in Assisting Families to Reach Healthy People’s Maternal, Infant, and Child Health Breastfeeding Goals in the United States.***

<https://www.healthypeople.gov/2020/law-and-health-policy/topic/maternal-infant-child-health>

Nutrition International & Alive and Thrive. The Cost of Not Breastfeeding Tool.

<https://www.nutritionintl.org/learning-resource/the-cost-of-not-breastfeeding-tool/>

Project Implicit (Implicit Association Test): <https://implicit.harvard.edu/implicit/aboutus.html>

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