**Group Activity 3: Case Scenario Review**

Judy is in your office today for a prenatal visit at 28 weeks gestation with her first baby. When you ask her about how she plans to feed her baby she states she is unsure and thinking about doing both breast and bottles since she will be returning to work in 6 weeks and her mother will be keeping the baby. Her mother did not breastfeed and is concerned about keeping a breastfeeding baby since she heard they are harder to console.

Are there any probing questions you need to ask to get more information?

What are the barriers/concerns?

What are some affirming statements: What is Judy’s fear? What can you say to her to encourage and validate her?

Education: What informational support would you share with Judy today?

What would be a smart goal?